

Benefits of Traditional Thai Massage

Improves flexibility: Assists in stretching and loosening tight muscles.

Enhances circulation: Boosts blood flow and promotes overall cardiovascular health.

Relieves stress: Promotes relaxation and reduces anxiety.

Alleviates pain: Eases chronic pain, such as headaches, back pain, and joint pain.

Boosts energy levels: Revitalizes the body and mind, leaving you feeling more energized.

Balances the body: Improves alignment and posture.

Stimulates the lymphatic system: Helps detoxify the body and boost the immune system.

Enhances mental clarity: Supports better focus and concentration.

CAUTIONS: Please refrain from using our service if you are pregnant or have any of the following conditions: An infectious disease, heart problems, fever, drug addiction, recent major surgery, internal pain, open wounds or rashes.

By Appointment Only

9am - 6pm Weekdays

9am - 3pm Saturday

Closed Sunday & Public Holidays

thaimassageTyagarah.com.au



0422 280 826

TYAGARAH STUDIO

naruephatgopimai@gmail.com

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Thai Massage Tyagarah

Thai massage is a traditional healing practice originating in Thailand over 2500 years ago.

This ancient form of massage holistically combines acupressure, Ayurvedic principles and assisted yoga postures to promote physical and emotional relaxation.

The Thai massage therapist uses their hands, thumbs, elbows, knees, and feet to apply pressure and stretch the body, improving flexibility, relieving muscle tension and enhancing overall well-being.

For a richly rewarding, invigorating and deeply calming massage, book your appointment with Thai Massage Tyagarah today.



Treatment Menu

Traditional Thai Massage

30min \$45 60min \$90 90min \$135

1. Foot Massage - Reflexology

30min \$45 60min \$90

2. Foot Massage with hot Stone - Reflexology

30min \$50 60min \$100

3. Oil Massage

30min \$45 60min \$90 90min \$135

4. Hot Oil Massage

30min \$45 60min \$90 90min \$135

5. Hot Stone & Oil Massage

30min \$50 60min \$100 90min \$150
120min \$200

6. Deep Tissue Massage with Oil & Tigerbalm

30min \$50 60min \$100 90min \$150

Prices are subject to change.

Availability

By Appointment Only

9am - 6pm Weekdays

9am - 3pm Saturday

Closed Sunday & Public Holidays



Thai
MESSAGE
TYAGARAH

GIFT VOUCHER

(Valid for one year after date of purchase)

Given To:

Given by:

Amount:

Date: ___ / ___ / ___

By Appointment Only

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